

FEWNET

NEWSLETTER OF THE BARONY OF THESCORRE

FROM THE BARON & BARONESS

Spring Coronation What a day! We were thrilled to witness the elevation of Duchess Sir Rowan to the Laurel, thus making her the fourth female quadruple peer in all of Society. After swearing fealty to our new monarchs, we cheered as THL Bryn received a Haelstone from Baron Caleb for her repeated service in the Hael's kitchens, while Baroness Roberta and Lady Nivah were named seamstresses of the court? and then rose to our feet to applaud the writ for THL Matilda to consider elevation to the Pelican! We thank Lord Eldjarn and THL Caradawc who, upon our arrival at the event, fell immediately to setting up our thrones in time for morning Court? with Caidin's help, of course. (Did you know that an 18th-month-old can hammer wooden chair pegs in quite exceedingly hard? So hard that it's somewhat difficult to bang them out at the end of the day?)

In addition to being able to hang out with friends, marshal a little, and practice throwing spears, we also enjoyed hosting Countess Alethea Eastriding for the weekend. A native AEthelmartian who served as Queen of the East Kingdom up until the weekend before Coronation, she crashed with us so that she could see Rowan's elevation, as well as convey Their (current) Majesties' of the East good tidings and well wishes to Maynard & Liadain. It is always fascinating to compare kingdom histories and practices, and we enjoyed the well-known SCA tradition of staying up far too late talking about anything and everything.

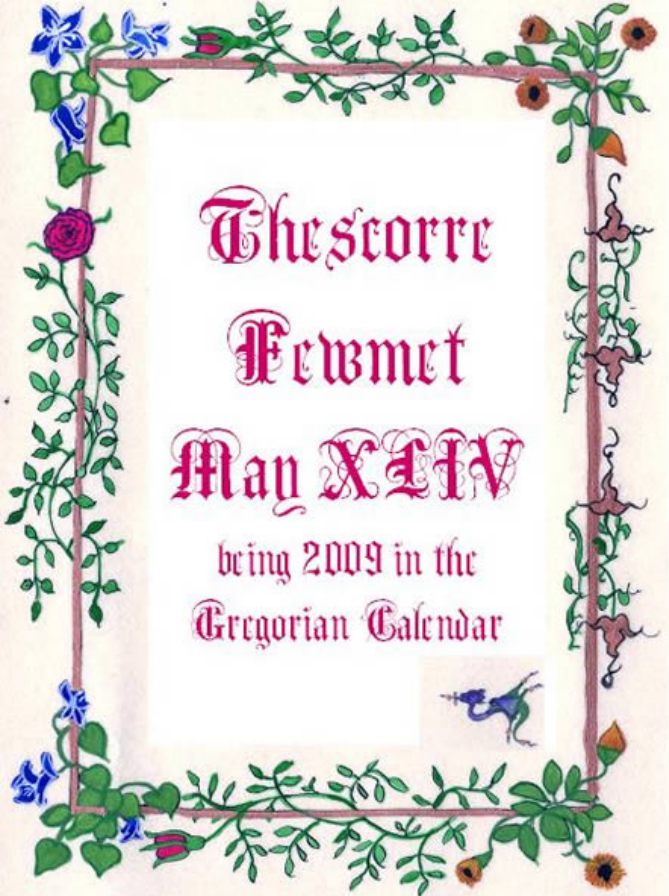
Offering crash space, as we've said before, is not only kind and supportive of your fellow SCAdians? It's a lot of fun!

Baronial Champs Once again, our beloved Baronial Champions event is mere weeks away: May 22 through 24 at Tom and Diane's home in Hemlock, N.Y.

We will hold championship tournaments this year in A&S, archery, rapier, rattan, and thrown weapons, and end the day with a court to announce the winners, followed by a potluck dinner of various pies. Once again, the bardic champion will be chosen during an evening firepit performance.

For those thinking about entering any of the tournaments, we thought it would be helpful to know our criteria for being a champion of Thescorre:

1 .The entrants must be residents of Thescorre or very active in Thescorre. However, they do not need to be paying members of the SCA.



COVER BY THL COLLETTE DE PARIS

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2. They should be ready to support/represent the barony & their chosen activity in a courteous and positive manner. In other words: have fun, play nice, help others do so.
3. They will be expected to attend the baron & baroness (as their health and scheduling allows) in court at events in Thescore, specifically walking in processions and/or guarding during court.

They are not expected or required to attend us at out-of-area events (such as Twelfth Night, Coronation, Crown, Pennsic, etc.), but are more than welcome to join us if they are present and wish to do so.

4. They should reasonably expect to attend and represent Thescore at the 7 Pearls tournament for their category. (These are interbaronial competitions with the respective champs from each of Aethelmearc's seven baronies.)

If the champ cannot attend the tournament for any reason, they are expected to recommend a proxy champion to us as earliest before the tournament as they can, since we reasonably intend to attend each of the tournaments and cheer them on.

The 7 Pearls tournaments occur this year at:

Rattan: Aethelmearc War Practice, May 14-7 (Debatable Lands hosts the tourney) A&S: Melee Madness, May 29-31 (Endless Hills) Thrown Weapons: Pax Interrupta, June 26-28 (Thescore) Rapier: Bog Three-Day, July 10-12 (St. Swithins Bog) Bardic: Pennsic (Blackstone Mountain hosts) Archery: Shoot in the Wildwood, September 4-6 (Delftwood)

[There is no 7 Pearls youth championship at this time.]

5. They are expected to run or help run the next Thescore championship tournament for their category.

As to the requirements of each championship competition, Sigvaldi is posting those specifics as we have left those up to the wisdom and preferences of the current champions/marshals running the competitions.

We encourage and welcome all gentles at the event to participate in the different activities, regardless of whether they wish to compete for a championship. If you do not wish to be considered for a championship, please simply tell the champion/marshal of that tournament not to include your scores.

Most of all, have fun!
Eric & Katja

T H E S C O R R E B U S I N E S S M E E T I N G M I N U T E S

Tuesday, April 21, 2009

16 members were present.

Due to a prior obligation, Katrina ran the meeting for Eldjarn.

Many officers were present and gave reports on the office(s) they hold.

- **Archery:** Cedric reported that archery has moved outdoors at RIT. Practice is held on Sundays, from 1:00pm – 2:00pm. There is no cost. 13 people shot last week. Practice will continue to be at RIT until mid-October. Thomas will be bringing students from SUNY Geneseo.
- **Heavy Weapons:** Athos reported that heavy weapons practice is held on Thursdays, from 6:30pm or 7:00pm – 9:00pm. It has been sparsely attended, due to injuries. Since the Adam Street Rec Center is closed due to Spring Break, this week's practice may be held on the lawn outside of the Center.
- **Thrown Weapons:** Athos reported that there are no practices, yet. He is hopeful that Sunday practices will start soon. Athos also stated that practices may also be held on alternate Fridays.
- **Chatelaine/Gold Key:** Richard reported that Suzanne joined the Yahoo list for Chatelaines and received a lot of informa-

tion. Richard stated that Suzanne will be Chatelaine, and he and their daughter, Nikki, will be deputies. Richard also stated that Nikki has been sorting garb, repairing some items and disposing of items that cannot be repaired. He also said that there is now a sign-in book for garb that is loaned. Items are needed for the demo at University of Rochester tomorrow.

- **Exchequer:** Alina reported that there is \$3,847.34 in the checking account and \$3,213.19 in the savings account. She also reported that the Barony has a \$1,111.59 net income, with some money to be used for the Baronial sunshade. There is a question, however, about the cost. Alina stated that the first quarter report has been completed. When asked, she reported that there was an \$830.21 profit from College of Three Ravens.
- **Herald:** Fridrikr reported that there were six submissions with eight items. It was explained that submissions start at the Barony level, then go to Kingdom, then go to Laurel. He also reported that there are plans for an official college medieval group to start at Geneseo, with the option to become a Canton or Shire. Fridrikr also reported that Matilda received a Writ at Coronation. If she chooses, she will be received into the Order of the Pelican at Pax.
- **Baron:** Eric reported that he and Katja swore fealty to Their Majesties at Coronation. He also reported that Thescorre will fight with Hartstone at Pennsic. According to Eric, Sir Wulfstan wants to do something special for Thescorre fighters. Two ideas were brought up ~ possible new tabards for Thescorre fighters and a party (possibly a hafla) at Hartstone's encampment on B-block. Eric reported that the Queen's rapier champion will be chosen on Saturday, at War Practice, at 10:00am. He also reported that the 7 Pearls thrown weapons tourney will be held at the Baronial Champs event. Eric will be attending the event, while Katja will be out of state.
- **MOL:** Bronwyn reported that she MOL'ed on the fencing field at Coronation, with 10 fencers.
- **Court and Country Dancing:** Peregrine reported that practices are held at the Adam Street Rec Center on the 2nd and 4th Wednesdays, from 7:00pm – 9:00pm. She stated that more dancers are always needed, so more dances can be danced. Peregrine also stated that it has been discussed to possibly hold practice on Thursday evenings. Peregrine also reported that dances will now be focused on Pennsic dances. Dance practice for tomorrow will be cancelled, due to the Rec Center being closed. The next dance practice will be held on Wednesday, May 13.
- **Coffee:** Carlo reported that tonight's coffee was decaf organic, possibly a breakfast blend.
- **Middle Eastern Dance & Drum:** Carlo reported that practices are held every Monday, from 7:00pm – 9:00pm, at the Rec Center.
- **Jesting:** Carlo reported that he submitted largesse at Coronation. He stated that the red and blue funnels are interchangeable. Escarbuncles will be placed on the red funnel and Bobs will be placed on the blue funnel.

Two upcoming events were discussed.

Champs: Sigvaldi sent Katrina an email, stating pavilions have been offered for the event. Elsbietta (sp?) will be the lunch cook. Sigvaldi still needs a pie co-coordinator; someone to receive the pies and make sure they are stored properly and then to make sure they are brought out for dinner. He does have a back-up person, if necessary. Please make sure a list of ingredients is provided with each pie, which can be placed next to the pie. A troll sign-up sheet will be passed around. Elsbietta (sp?) stated that the link for her email is not working, so please let her know ASAP of any dietary concerns.

Pax: Katrina stated that owners are not on-site, yet. She stated she will be going to the site soon after May 1, when the campground opens, to check things out and to see if there are any changes. There may be possible new areas of the golf course to use. However, most things will stay the same.

We welcomed Thomas, formerly of Atenveldt. He just moved to Thescorre two days ago.

Please contact me with any corrections.

Respectfully submitted,
Lady Dubheasa inghean Dubgail

Two corrections:

the new group in Geneseo can be considering becoming a College or a Canton
the Thrown Weapons 7-Pearls tourney will be at Pax

Katrina

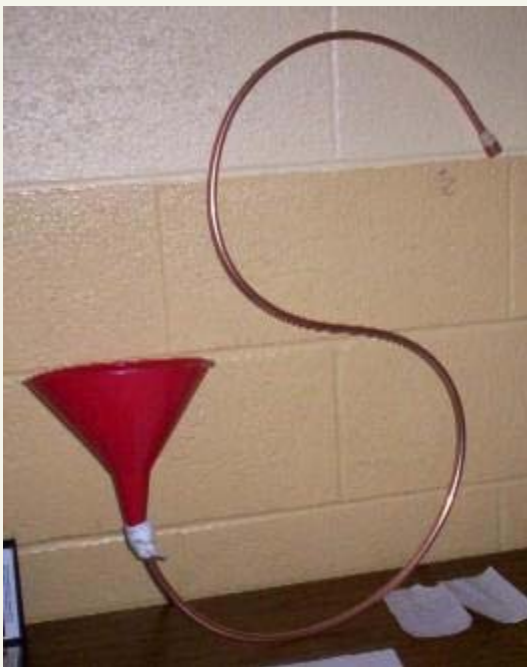
C O R O N A T I O N A & S

Coronation this spring was, for me, marked by a proud moment. My participation in the arts and sciences has, since the beginning of my time in our fair barony, been characterized by a series of unveilings, you might say. Some may recall that, in my first year, I uncovered a lost art when I unfortunately brought forth the scraggly scrap of a freshly gnarl woven strand, created in the authentic manner, for submission at Ice Dragon. Later on, in a fit of inspiration, I made my best effort at recreating 13th century braies out of nothing but everybody else's best guess as to how they were made - and, of course, some linen. Although I never entered them in any competition, I did make a point of sharing the results with others. (No, I just let them see how they were constructed.) And now, because showing people my underwear is not enough, I have revealed yet another item of interest.

There were two A+S competitions at Coronation, one of them having the theme of largesse. How could I resist this call to display the generous riches of Æthelmearc? Surely I must present a gift worthy of our bountiful lands, I thought. And so it was that I offered my very own large "S" for viewing that day. And, let me tell you, it was the largest "S" in the place! Nobody there had a bigger "S" than I did! And I'm happy to report that their newly minted Majesties told me they were quite pleased!

Now, mind you, it's not that I was just giving my "S" away. I'm actually not quite so free with it. But it really was so beautiful, if I do say so myself, that it seemed a gift just to let others gaze upon it. It was so well appreciated that it even received a kiss... Oh, and the sound it made! Passing air through it, I was able to cause it to emit a blast that could be well heard by all. Yes, my "S" toots. You read that right. So delighted were those present that I was allowed to announce each remove of the evening's feast with it. Several times, therefore, over the course of the meal, I blew it out my "S" for all to enjoy. Hence I was able to donate the services of my "S", and everyone benefited that night.

My "S" is not yet fully developed, however. It is a work in progress. At some point, I intend to festoon it with escarbuncles, so that the fact that it stands for Æthelmearc's largesse will be more apparent. Furthermore, the red funnel is interchangeable with a blue one that I hope to decorate with ravens, so that it can be used whenever there is a call for any Thescore largesse. It seems the future of my "S" is quite open ended. If all goes well, my "S" will be fairly busy for a long time to come. Yes, I'm proud to represent Thescore by sharing the gift of my "S" with the populace of Æthelmearc. BOB RAEF, indeed!



Respectfully submitted by:
Lord Carlo Gallucci

Juggling Marshal
Official Taste Tester
Coffee Boy
Little Drummer Boy
Naughty Boy
Standing Morale Officer
Mad Filker
and
First Official Baronial Court Jester (really) of Thescore

PHOTO BY LADY DUBHEASA

A M E D I E V A L C I N N A M O N C O R D I A L

Background

My cordial or spiced wine is made from port and cassia. Such blends were known as *piments* and were named for *pigmentarii* or apothecaries who of course recommended them for various medicinal purposes. The base wine, port, was well known in medieval times.

The fortification of port wine with brandy makes the alcohol content usually greater than 18 percent.

Port is blended from Touriga Nacional (usually the dominant grape), Tinta Cao, Tinta Roriz, Tinta Barroca and other minor grapes.

“Port, named after the city where it was first produced, Oporto, Portugal must come from Oporto. In the same way, real Champagne must come from the Champagne region of France.”¹

Madiera is a fortified wine similar to sherry and port but is made on the Madiera islands of Portugal. Madiera was referred to as malmsey in medieval times due to the grapes used to make Madiera called “Malvasia”.

Spiced wines such as Ypocras are mentioned by Chaucer in “A Merchant’s Tale” (1386)

“He drynketh Ypocras, Calree, and Vernage of spices hoote tencressen [to increase] his corage.”²

Ypocras was named for Hippocrates and was thought to be a drink for saluting one’s comrades and aiding in digestion. Addition of honey, herbs and spices were often an attempt to disguise the acidity and harshness of improperly aged and stored wines.

Redaction

The primary source instructions for making my cordial are below

“ TO MAKE CINNAMON WATER - c. 1550 to 1625

Take a gallon of muskadine, malmsey, or sack & put it in A vessill yt may be close covered, & put to it into ye vessell a pound of bruised cinnamon.

Let it stand 3 dayes, & every day stir 2 or 3 times. then put it in a limbeck of glass, stoped fast. set it in a brass pot full of water, 1 & put hay in ye bottome & about ye sydes. then make ye pot seeth, & let it distill in to a glass kept as close as may be.

shift ye glass every houre after ye first time, for ye first will be ye strongest, & ye last will be very weak. # 289”³

(From Martha Washington’s Booke of Cookery, ed. by Karen Hess.)

Note that malmsey is a sweet, fortified wine from Madeira. Muskadine is made from a sweet grape found in the southeast United States.

My redaction is as follows:

One Pint Spanish Port

2 oz cinnamon sticks

Scrape cinnamon stick so surface area of fresh spice is exposed. Submerge cinnamon sticks in alcohol and put in tightly closed container away from light. Store for one week. Remove from container and add sugar and honey or not (choice after tasting). This could be distilled using simple still or limbeck, but this redaction involves only the infused cordial. Store distilled cordial in air tight container away from light.

Distillation of spiced wines to produce more strong liquor was practiced once knowledge of the art of distillation became known. A limbeck or alembic, would most likely have been used (see figure 1.) but I do not have one available to me. A limbeck as used for distillation was a closely guarded secret of brewers and distillers for a long time. It is set up to more easily heat the originating liquid and capture and separate the distilled liquor from the other products.



Figure 1. A limbeck or alembic use for distillation.

4

Let me point out that in period, cinnamon or canel would have likely been used. I have used cassia since it was affordable and readily available for me. I used cassia sticks. For a comparison of the appearance of cassia and true cinnamon, see Figure 2.



Figure 2. Cassia (l) and Cinnamon (R)

5

Cassia is native to Burma and is officially known as *Cinnamomum aromaticum* or *Cinnamomum cassia*. A member of the same family as true cinnamon, it has a stronger flavor thus requiring less in to be used in recipes. Cassia is often a more appropriate choice for savory dishes, rather than sweets.⁶

After embarking on an adventure making a cordial that is more period than other cordials I have made before and shared at events, I have to say, it was a true lark. I would have preferred to use cinnamon vs. cassia as it is a better choice as stated above for sweet concoctions but this was a good substitute due to the cost of the true cinnamon

This experience has left me eager to do more period style “brewing” and share the fruits of my labors at appropriate period events and to try a limbeck!

by Mairghread ni Stilbheard uu Coinn

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- Hess, Karen “*Martha Washington’s Booke of Cookery and A Booke of Sweetmeats*”, Columbia University Press, New York and Chichester, West Sussex, 1991 p 299S
- Sass, Lorna, *To the King’s Taste*, Metropolitan Museum of Art, New York, 1975, p.28
- Stefan’s *Florilegium*, Online reference: <http://www.best.com/~ddfr/>, 1/20/09
- Limbeck
- <http://www.vinapedia.net/Port.html> Online reference 1/12/2009
- Figure 1 http://www.christies.com/LotFinder/lot_details.aspx?intObjectID=5168736
- Figure 2 2007 Peggy Trowbridge Filippone <http://homecooking.about.com/od/cookingfaqs/f/faqcassia.htm> 2/5/09

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1. <http://www.vinapedia.net/Port.html>
 2. Sass, Lorna, *To the King’s Taste*, Metropolitan Museum of Art, New York, 1975, p.28
 3. Hess, Karen “*Martha Washington’s Booke of Cookery and A Booke of Sweetmeats*”, Columbia University Press, New York and Chichester, West Sussex, 1991 p 299S
 4. <http://internetshakespeare.uvic.ca/Library/SLT/ideas/alembic.html> (fig 2)
 5. 2007 Peggy Trowbridge Filippone <http://homecooking.about.com/od/cookingfaqs/f/faqcassia.htm> 2/5/09
 6. Culpeper, Nicholas, *Culpeper's Complete Herbal*. (NY: Foulsham & Co)



U P C O M I N G E V E N T S T E A S E R S

Please note that these are not full announcements. Please see the links for them. Thank you.

May 14-17 - War Practice XX - Canton of Steltonwald (Slippery Rock PA)
<http://warpractice.steltonwald.org/>

It is time once again to prepare for the prospect of War, and to properly prepare the Canton of Steltonwald would like to invite all to join us for War Practice XX. We will be mustering once again at Cooper's Lake Campground, 205 Currie Road, Slippery Rock, PA 16057. The event will run from noon on Thursday May 14, 2009 through Sunday May 17 at 3:00 PM. Troll will close on Saturday at 3:00 PM; all participants must be registered before that time or access to the site will not be granted. The weekend will include many types of marshal activities, including Heavy Weapons, Combat Archery, Fencing Thrown Weapons, Archery and Youth fighting.

May 22-24 - Thescore Baronial Champs - Barony of Thescore (Hemlock NY)
<http://www.thescore.org/calendar/events/champs2009.htm>

It is time once again to decide upon champions for their Avian Excellencies. War is approaching and our present champions have done their duties. So come join us as we hold tournaments to showcase the abilities of the populace so that their Excellencies Eric and Katja may choose new gentles to represent them in the coming year. Competitions will be held for almost all of the championship positions, including Rattan, Fencing, Archery, Thrown Weapons, Arts and Sciences, and Bardic. A lunch side-board will be provided. The Lunch cook is Lady Emily . Please direct any dietary concerns to her. Dinner will be a potluck with the theme of Pie. That's right, Pie. Bring your pies to share. Sweet, savory, crusted, or crust-less. Some attempt at period pies would be appreciated, but is not required. Please include a recipe card so those who have allergies can avoid if necessary. Following dinner, there will be a Bardic circle around the campfire. Those wishing to become the new bardic champions will be given an opportunity to perform at this time, while others are welcome to participate after the new champions have been chosen.

May 29-31 - Melee Madness - Barony of Endless Hills (Mehoopany PA)

May 30 - Demo: Amherst Celebrates the Arts Festival - Barony of Rhydderich Hael (Amherst, New York)

May 30 - Siege of Harlech Castle II - Barony-Marche of Debatable Lands (Wexford PA)
<http://www.debatablelands.org/events/harlech2/>

All fighters and combat archers of these Sylvan Lands are called to the Barony-Marche of the Debatable Lands to besiege or defend the Castle! The year is 1409. Rebel Welsh forces under the command of Owen Glendower now hold Harlech Castle, which lies along the Western coast of Wales. If the Welsh rebellion is to be put down, the English must find a way to reconquer this Edwardian stronghold. On May 30, 2009, heavy fighters and combat archers will once again choose sides as the English and the Welsh battle for dominance in Western Britain. In addition to a traditional heavy weapons tournament, a two-man spear tournament shall be held on the drawbridge. New this year will be rattan melee in a flat, hourglass-shaped meadow near the castle. From the parapets and windows above, combat archers will shoot at fighters below. There will be competition to see which heavy fighter can deflect the most combat arrows with great sword or katana. There will also be a formal combat archery competition. Space will be provided for the populace to watch the combat archery from the parapets or from below.

Farther Off Event

June

- 5-7 - Coppertree Challenge: El Squid - Shire of Coppertree (Brookfield, NY)
- 6 Brass Ring Thing IX & Kingdom Equestrian Championship - Canton of Beau Fleuve (North Tonawanda, NY)
- 6 - Aethelmearc War College - Barony-Marche of Debatable Lands (Dorseyville PA)
- 12-14 - Myrkfaelinn Summer War Practice - Dominion of Myrkfaelinn (Ithaca, NY)
- 13 - Dark Ages Schola and Tournament - Shire of Hornwood (Drifting, PA)
- 13 - Rhydderich Hael Baronial Championships - Barony of Rhydderich Hael (Niagara Falls, NY)
- 19-21 - Tournament Through the Ages - Shire of Stormsport (McKean, PA)

OFFICERS AND NOTABLES

6th Baron & Baroness

Eric Grenier de LaBarre & Katja Orlova Davidova Khazarina
grendel@thescorre.org; Katja@thescorre.org

Seneschal

Eldjarn the Thoughtful
seneschal@thescorre.org

Archery Marshal

Baron Cedric the Humble
Archery@thescorre.org

Fencing Marshal

Padraic O'Chaelechair
FencingMashall@thescorre.org

Knight Marshal

THL Aquila d'Athos
KnightMarshall@Thescorre.org

**Thrown Weapons
Marshal**

THL Aquila d'Athos
twmarshal@thescorre.org

Youth Marshals

Vacant
(Send application to Seneschal)

Steward

Baron Steffan Wolfgang von Ravensburg
Steffan@thescorre.org

A & S Mistress

Lady Kadlin Sigvaldiskona
MoAS@thescorre.org

Chancellor Minor & Historian

Vacant
(Send application to Seneschal)

Chatelaine

Suzanne & Richard
Chatelaine@thescorre.org

Chirurgéon

Vacant
(Send application to Seneschal)

Chroniclers & Webministers

Lady Sorcha & Lord Donal
Torsten Lamport (deputy)
Chronicler@thescorre.org,
Webminister@thescorre.org

Exchequer

Lady Alina Marie de Valenciennes
Alina@thescorre.org

**Ravenstongue
Pursuivant (Herald)**

Fridrikr Tomasson
Herald@thescorre.org

Ravensong

Alessandra Bentivegna da Faenza
Yasmina@thescorre.org

Mistress of Lists

Lady Bronwyn nic Gregor
MOL@thescorre.org

Doomsday Editor

Lord Eldjarn
Eldjarn@thescorre.org

Brewers Guild

Lord Eldjarn
Eldjarn@thescorre.org

Cauldron Bleu Cooks Guild

THL Bryn Ni MacRose
Bryn@thescorre.org

Court & Country Dance

Baroness Peregrine
peregrine@thescorre.org

Middle Eastern Dance

Dehka & Mairead
(dehka@thescorre.org
mairead@thescorre.org))

Middle Eastern Drumming

Lord Carlo Gallucci
(carlo@thescorre.org)

Scriptorium

Lady Collette de Paris
collette@thescorre.org

Threadworker's Guild

Baroness Orianna
orianna@thescorre.org

Armor Workshop

Gaius Sergio Vettius (called Vettius)
Vettius@Thescorre.org

BARONIAL CHAMPIONS

Archery Lord Eldjarn the Thoughtful
Arts & Sciences Baron Fridrikr Tomasson
Bardic Champs Lady Meadhbh
Court Jester Lord Carlo Gallucci

Fencing Lord Sigvaldi inn Enski
Heavy Weapons Lord Decimus
Thrown Weapons Lord Gaius Sergio Vettius
Youth Fighting Gabriel

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REGULARLY SCHEDULED ACTIVITIES

Fewmet endeavors to publish information as up to date as possible, but changes occur. Please check Thescore's Yahoo Group for last minute postings or consult with the appropriate officer/coordinator listed in

Baronial Social Meeting

1st Tuesday of the month

Baronial Business Meeting

3rd Tuesday of the month

7:30-9pm, 2nd floor, Adam's Street Recreation Center 85 Adam's Street Rochester, NY

Martial Arts

Archery

Sundays 1-2pm
RIT Archery Range

Rapier (Fencing)

Mondays 7-9pm, + 1st & 4th Wed. of each month
Adams Street Recreation Center

Armored Combat

Thursdays 6:30-9pm
Adams Street Recreation Center

Thrown Weapons

Watch the Yahoo Group
At the home of Athos

Arts & Sciences

Western European Dance

2nd & 4th Wednesday of the month, 7-9pm
Adams Street Recreation Center

M.E. Dance & Drumming

Mondays 7-9pm
Adams Street Recreation Center

Cauldron Bleu Cook's Guild

2nd Tuesday each month, 7:30-9pm
At the home of Devon & Daedra

Brewer's Guild

Watch the Yahoo Group

Threadworker's Company

http://www.thescore.org/Threadworkers_Company/Threadworkers/Schedule.htm

Ravensong

www.thescore.org/Ravensong/RavensongHome.html

SONNET 65

by William Shakespeare

Since brass, nor stone, nor earth, nor boundless sea,
But sad mortality o'ersways their power,
How with this rage shall beauty hold a plea,
Whose action is no stronger than a flower?
O how shall summer's honey breath hold out,
Against the wrackful siege of batt'ring days,
When rocks impregnable are not so stout,
Nor gates of steel so strong but time decays?
O fearful meditation, where alack,
Shall Time's best jewel from Time's chest lie hid?
Or what strong hand can hold his swift foot back,
Or who his spoil of beauty can forbid?
O none, unless this miracle have might,
That in black ink my love may still shine bright.



Shakespeare